

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

COBDEN

			9:30 Physio 1 10:15 Active game Mobile Market 11:30 Rec Meeting 2:00 Music Appreciation 3:30 Manicures	10:00 Obie 2 11:00 Trivia 2:15 Global Bingo 2:15 Water Colors with Jess 6:15 Movie Night "Mama Mia"	9:30 Physio 3 10:00 Ping pong game 2:30 Coffee Group (Family Room)	10:00 Hockey (in E) 2:00 Java Music
10:15 Drumfit 2:30 Sunday Service with Don	5 9:45 Music 10:45 Dart Toss 11:15 Resident & Family Council 1:30 Choir 2:30 Word game 6:30 Name the Price	6 10:00 Hockey 11:00 News 2:15 Bingo 6:15 (D) Trivia	7 9:30 Physio 8 10:15 Active game 11:30 Mobile Market 1:30 Scenic Drive	8 10:00 Obie 9 11:00 Active game 12:30 Dine in 2:15 Musical Bingo 2:15 Art Class (B) 6:30 Live Music with Peter	9 9:30 Physio 10 10:00 Active game 11:00 Name 10 2:30 Remembrance Day Service	10 10:00 Hockey (in E) 2:00 Java Music
10:15 Drumfit 2:30 Sunday Service with Don	12 9:45 Music with Jaideen 10:45 Bocce ball 1:30 Choir 2:30 Name that Tune 6:30 Trivia	13 10:00 Circle Curling 11:15 Resident & Family Council 2:15 Bingo 6:15 (D) Game Night	14 9:30 Physio 15 10:15 Active game 11:30 Mobile Market 2:30 Birthday Party with Mike	15 10:00 Obie 16 11:00 Active game 2:15 Penny Ante 2:15 Art Class (B) 6:30 Live Music with Brian	16 9:30 Physio 17 10:00 Arm Chair Travel 2:30 Coffee Group (Family Room)	17 10:00 Circle Curling (in E) 2:00 Pokino
10:15 Drumfit 2:30 Sunday Service with Don	19 9:45 Music with Jaideen 10:45 Snakes & Ladders 1:30 Choir 2:30 Art 6:30 Karaoke	20 10:00 Bocce 11:00 Mike's Critters (E) 2:15 Bingo 6:15 (D) Armchair Travel to Barcelona	21 9:30 Physio 22 10:15 Active game 11:30 Mobile Market 2:00 Music Appreciation 3:30 Manicures	22 10:00 Obie 23 11:00 Trivia 2:15 Table game 2:15 Art Class (B) 6:30 Live Music with Greg H	23 9:30 Physio 24 10:00 Active game 11:00 1:1 Visits 2:30 Coffee Group (Family Room)	24 10:00 Bowling (in E) 2:00 Musical Bingo
10:15 Drumfit 2:30 Memorial & Sunday Service with Don	26 9:45 Music Therapy with Jaideen 10:45 Bowling 1:30 Choir 2:30 Christmas tree 6:30 Arts & Crafts	27 10:00 Shuffle board 11:00 News 2:15 Bingo 6:15 (D) Game Night	28 9:30 Physio 29 10:15 Active game 11:30 Mobile Market 11:30 Lunch Outing 2:00 White board games 3:30 Manicures	29 10:00 Obie 30 11:00 Active game 2:15 Decorate 2:15 Art Class (B) 6:30 Live Music with Greg A		

