

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Cobden

						9:30 Physio Fit 1 10:00 Active game 10:45 Music with Jaideen 2:00 Courtyard Social	10:00 Basketball 11:00 White board games			
10:15 Drumfit 2:30 Sunday Service with Don	3 LABOUR DAY No recreation or physio	10:00 Circle Curling 11:00 Mobile Market 2:15 Bingo 6:15 Trivia	4	9:30 Physio Fitness 10:15 Active game 11:00 Manicures 11:30 Rec Meeting 2:00 Musical Appreciation The Beatles	5	10:00 Bocce 11:15 Time slips 2:15 Water Colors with Jess 2:15 Penny Ante 6:30 Live Music with Kevin	6	9:30 Physio Fit 10:00 Active game 10:45 Music with Jaideen 2:00 Armchair Travel to Milan (IN DE)	7	10:00 Hockey 11:00 Trivia 2:00 Baking
10:15 Drumfit 2:30 Sunday Service with Don	10 10:00 Shuffle board 11:00 Mobile Market 12:30 Dine In 2:00 Trivia 6:30 Big Wheel (D)	10:00 Bocce 11:00 Current Events 2:15 Bingo 6:15 Music Appreciation	11	9:30 Physio Fit 10:15 Bocce 11:00 Manicures 2:30 Birthday Party with Greg	12	10:00 Curling 11:15 A-Z Countries 2:00 Art Class 2:15 Music Bingo 6:30 Live Music with Allen	13	9:30 Physio Fit 10:00 Active game 10:45 Music with Jaideen 2:00 Arts	14	2:00 Table games
10:00 Tribute to Terry Fox 2:30 Sunday Service with Don	17 10:00 Bocce 11:00 Scattergories 2:00 Cards 3:30 Mobile Market 6:30 Active game (D)	10:00 Hockey 11:00 Current Events 11:30 Resident & Family Council CS 2:15 Bingo 6:15 Trivia	18	Pirate Day! 9:30 Physio Fit 10:30 Pirate Games 2:30 Jolly Roger Pirate Party with Classic Rewind	19	10:00 Target toss 11:15 Fall Trivia 2:00 Art Class 2:15 Geography 6:30 Live Music with Brian	20	9:30 Physio Fit 10:00 Active game 10:45 Music with Jaideen 2:00 Pokino	21	10:15 Bocce 1:45 Movie Matinee
10:15 Drumfit 2:30 Memorial & Sunday Service with Don	24 10:00 Dart Toss 11:00 Big Wheel 2:00 Name that Tune 3:30 Mobile Market 6:30 News (D)	10:15 Scenic Drive 2:15 Bingo 6:15 Music Appreciation	25	9:30 Physio Fit 10:15 Hockey 11:00 Manicures 11:30 Lunch outing 2:00 Arm Chair Travel to Milan	26	10:00 Fall Baking 2:00 Art Class 2:15 Fall Tea 6:30 Live Music with Richard	27	9:30 Physio Fit 10:00 Active game 10:45 Music with Jaideen 2:00 Java Music	28	TRUTH & RECONCILIATION DAY No recreation or physio